



# HEALTH EQUITY & WELLNESS @ MPDC

At **Madison Park Development Corporation**, we are building healthy communities. **MPDC** is a leading developer of **affordable housing** and one of the largest community development corporations in Massachusetts. We take a multi-dimensional approach to community development by offering **impactful programming for youth development, health and community wellness, public safety, resident leadership, civic engagement, and arts & culture.**



## The Health Equity & Wellness Program...

**Our mission** today remains true to our history—to **foster a vibrant, healthy Roxbury** neighborhood that **supports the well-being and advancement of the community.**



- Operates two community gardens
- Runs fitness programs
- Advocates for better walking and biking infrastructure
- Supports resident leaders in advocating for neighborhood changes
- Facilitates nutrition demonstrations, healthy food sitribution, and supermarket tours
- Works with residents and city partners to transform vacant land into usable community spaces

# Healthy neighbors build healthy neighborhoods!

The Health Equity & Wellness initiative at MPDC partners with residents to create a healthier Roxbury. Through programming and advocacy projects, we are working with the community to ensure that all residents have a healthy place to call home.



Interested in learning more about Health Equity & Wellness @ MPDC?

Learn more about  
MPDC's Health &  
Wellness initiatives  
online!  
[madison-park.org](http://madison-park.org)

## Contact



Leslie Stafford  
617.849.6231  
[lstafford@madison-park.org](mailto:lstafford@madison-park.org)

